



CHARACTERIZATION OF MULTIDRUG RESISTANT STAPHYLOCOCCUSAUREUS ISOLATED FROM VARIOUS CLINICAL SAMPLES.

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ABSTRACT

Staphylococcus aureus is a major hospital and community pathogen that is attributed to a wide variety of infections in humans and bio film production is one of the most important virulence factors of S. aureus that contributes to its multiple drug resistance. Therefore, searching for a valuable alternative to the used antibiotics is considered an important goal for study. For this reason one hundred and fifty different clinical samples were collected from various clinical sources and healthcare workers in Al-Imame in Al-Kadhimae in Medical City, Al-Numan Teaching Hospital, Medical City/Teaching laboratories and Central Child Teaching Hospital during the period from 1/10/2020 to 1/2/2021 in Baghdad City. Isolates were identified by conventional methods (cultural, microscopic and biochemical tests) in addition to the identification by the VITEK® 2 Compact, and fifty isolates were recorded as Staphylococcus aureus.

Keywords: Resistant, Staphylococcus, aureus, VITEK® 2, clinical samples.

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INTRODUCTION

The Staphylococci group is considered as one of the most important human pathogenic organisms in the skin, nasal mucosa and oral mucosa; it is recognized as a group of opportunistic pathogens

that is responsible worldwide infections in hospitals. Staphylococci are positive for catalase, which is (considered) a defining feature that distinguishes Staphylococci from Strep to coccus and they were oxidase negative. Susceptibility to lysostaphin is considered to be another feature of Staphylococci because it comprises many residues of glycine in the cross-bridge between peptidoglycan layers (Plata et al. 2009).

Staphylococcus aureus (*S. aureus*) is a Gram positive bacteria non-motile, catalase and coagulase positive, non-spore-forming and as facultative anaerobic, cocci, blue-violet as single, pairs or irregular as grape-like clusters, about (0.4-1.2µm) in diameter, during their growth have a yellow colonies named (aureus; means golden) on nutrient rich media (Yan et al., 2016). *Staphylococcus aureus* shows high degree of tolerance that enable them to grow under low humidity, high pressure, and high salt concentration (15% NaCl); also, the bacteria can tolerate pH range (4.2-9.3); It could grow at temperature between (15°C-45°C), and multiply to produce toxins that lead to disease development (Alkhafaji and Alsaimey, 2020). *Staphylococcus aureus* is the main pathogenic bacterium responsible for nosocomial and public acquired infections, often (25-50%) of the human are colonized with *S. aureus* and is one of the common human pathogenic bacteria that cause diverse infections in both male and female (Suhail et al., 2018). The bacteria found to localize the mucous membranes, nose, mouth, upper respiratory tracts, intestinal, groin, mammary glands, perineal area in males, hair, and genitourinary of human also its interpreted in the production of abscesses, pus, fatal sepsis and sepsis.

MATERIALS AND METHODS

Sample collection of *Staphylococcus aureus*

A total of 150 samples were collected from patients (Skin swab, Nasal swab, Ear swab), health care workers (Skin swab and Nasal swab), and operation theater (various places of operation theater before and after sterilization), hospital wards. Samples were collected in the period between 1/10/2020 and 2/1/2021, from several locations in Baghdad; Al-Imamein Al-Kadhima in Medical City, Al-Numan Teaching Hospital, Medical City/Teaching laboratories and Central Child Teaching Hospital.

Isolation and identification of *Staphylococcus aureus*

The isolate was identified according to the standard laboratory test. *S. aureus* identified and confirmed by the following: Specimens were cultured in mannitol salt agar (MSA) and blood agar base (BA), in cubated at 37°C for 24 hours. All the primary screened isolates were then subjected to various morphological and biochemical tests to ensure their identity. [1-10]

Morphological Examination

***Staphylococcus aureus* growth on Mannitol Salt Agar (MSA)**

Staphylococcus can grow on mannitol salt agar medium with a high salt concentration (7.5% NaCl), these media inhibit the growth of other than the *staphylococci* bacteria. Mannitol-fermenting *staphylococci* changes color of MSA from the alkaline (red) to the acidic (yellow), while the rest of the *Staphylococcus* will grow without produce a color change of the medium (Gillett et al., 2002).

Blood Hemolysis

Bacterial culture was streaked on blood agar (BA), and incubated for 24 h at 37°C. A Green zone appeared around the *S. aureus* colonies, denoting α-hemolysis; while a clear zone indicates β-hemolysis. [11-20]

Microscopic Examinations

All bacterial isolates were subjected to Gram stain to check the irresponsive to the stain,

arrangement and the irshapes (the shape of the bacteria was observed as blue cocci, arranged in grapes like irregular clusters). A small portion of the suspected colony of the positive culture was placed and fixed on a clean microscopic glass slide. Gram staining technique was followed and all slides were examined under oil emersion.

Bio chemical characteristics

Catalase test

From each clinical isolates a single colony was smeared on a slide and drops of (3%) H₂O₂ were added. The appearance of bubbles indicated positive results.

Coagulase test

Two types of the coagulase tests were used to detect the presence of coagulaseenzymein *S.aureus*:

1. Coagulase slide test: Suspended *S. aureus* colony with a saline drop on a clean glass-slide, mixed with a drop of human plasma, the result appears within ten seconds, as a coarse coagulate that can be seen by the naked eye indicates a positive result.
2. Coagulase tube test: Anisolated colony is taken from the petri dish and is solved in 1 ml of diluted plasma, the tube was incubated at 37⁰C and achieve d after1-4h,positive results will clot.

Oxidase Test

A few drops of the oxidase reagent (1%N, N, N, N-tetramethylep-phenylenediaminedihydro chloride), were placed on a filter paper, then an isolated bacterial colony was added a paper by wooden stick. The colony's color changes to dark purple within10-15 seconds when the result is positive.

Bacterial Identification using VITEK2 System:

Bacterial isolates identification was carried out by VITEK2 system which is an automated microbiology system employed growth-based technique. From clinical samples, a single colony of bacterial culture was suspended in with 3ml of normal saline. The turbidity was checked to equal (0.5) McFarland via turbidity meter for determining inoculums density of Gram positive bacterial isolates. [21-24]

RESULT

Isolation and Identification of Staphylococcus aureus

One hundred and fifty different clinical samples that were collected from various clinical sources and healthcare workers in Al-Imame in Al-Kadhimae in Medical City, Al-Numan Teaching Hospital, Medical City/Teaching laboratories and Central Child Teaching Hospital. During the period from 1/10/2020 to 1/2/2021 in Baghdad, Iraq. Fifty isolates (33%) were characterized as *S.aureus* depending on the conventional cultural, biochemical and microscopic examination in addition to a confirmatory test by the VITEK® 2Compact system. The rest of the clinical samples which represent (67%) were found to be related to different genus of pathogenic bacteria. That the number and percentage of isolates according to the sources in table (1)

Table:-1. Number of samples according to the sources of collection

Source of Samples	No. of Samples	No. Isolates	Percentage from isolates (%)
Earswap	21	7	14
Hospitalwards	24	8	16
Noseswap	31	13	26
OperationRoom	20	4	8
HealthCareWorker	31	11	22
skinswap	23	7	14
Total	150	50	100

CULTURAL IDENTIFICATION

All the collected clinical specimens were streaked on MSA media, which is considered a selective and differential medium containing high concentration of sodium chloride (7.5%) to inhibit the growth of other than *Staphylococci*. The *S. aureus* on this medium appear as yellow golden (Figure 1) due to fermenting the mannitol salt changing the phenol red to golden, smooth, raised, mucoid and glistening colonies while *S. epidermidis* tends to form colonies with pink zones (Carroll et al., 2016). On the other hand; the same specimens were found to produce hemolysis when cultured on blood agar media with smooth colony shape (Gillespie and Hawkey, 2006). Finally, the positively selected isolates were maintained for further steps in our work using Brain Heart Infusion (BHI) broth and agar medium.

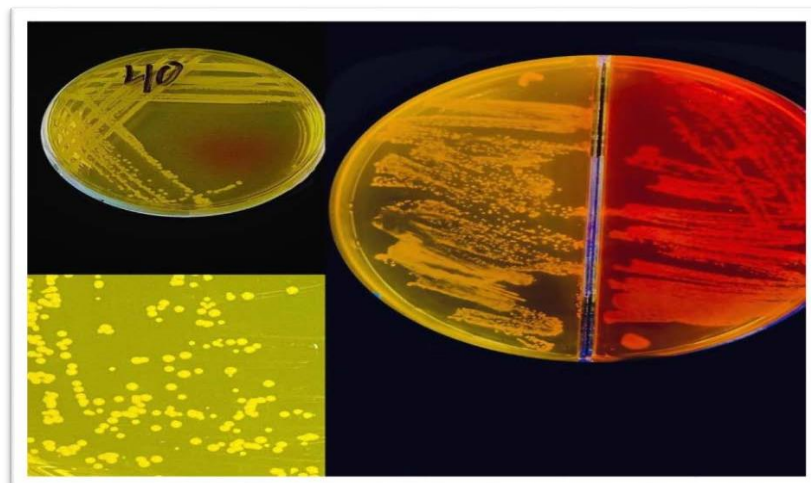


Figure:-1 Growing of *Staphylococcus aureus* colonies on MSA (Mannitol salt agar) after 24 hours of incubation at 37°C.

Microscopic Characterization

Microscopic examination showed Gram positive cocci that arranged in pairs or grape-like clusters but usually non-spore forming as mentioned by (Carroll et al., 2016).

Biochemical Characterizations

The basic biochemical tests of all *S. aureus* isolates showed a positive reaction for catalase and coagulase tests which confirm the ability of the tested isolates to synthesize the enzymes that act as virulence factors enable the bacteria to develop infection. While negative

results were obtained for oxidase test which refer to the inability of the isolates to produce this enzyme. All the tested bacterial isolates gave positive results for the catalase enzyme through the formation of bubbles (figure 2). which refer to the release of O₂ from hydrogen peroxide H₂O₂. Most isolates were able to yield the coagulase enzyme. This enzyme has an important role in *S. aureus* pathogenicity. As it enables the bacteria to form protective barriers of fibrin around themselves, making them highly resistant to phagocytes and some other anti-microbial agents (Aryal, 2018).

S. aureus secretes coagulase enzyme that converted the plasma to clot as shown in figure (2) by effective prothrombin into thrombin in which converts fibrinogen to fibrin. *S. aureus* can produce fibrinolysin, which can lyse clots within 4h. These strains would have been misdiagnosed as coagulase-negative staphylococci if the tube coagulase test had been incubated overnight (Bello and Qahtani, 2005).

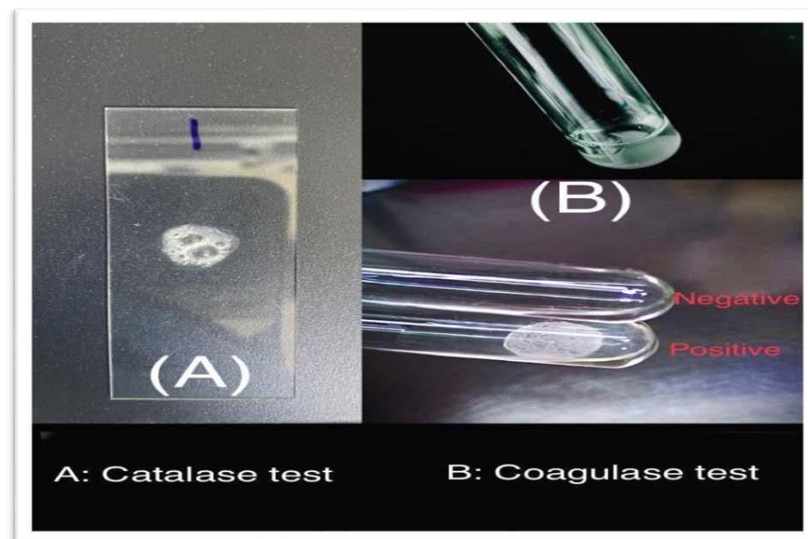


Figure:-2 Detection of *Staphylococcus aureus* by Catalase and coagulase test. Identifying with VITEK2 system.

Further confirmatory identification of the bacteria to the species level was carried out using the vitek2 system that included a number of the biochemical test in addition to the antibiotic susceptibility profile that specific for each bacterial species therefore it can give information to the species level.

Detection of Hemolysin in *Staphylococcus* isolates

A total of 49 out of the 50 studied strains (90%) showed haemolysis on blood agar plates, *S. aureus* usually displays a golden yellow pigment as shown in the Figure(3). 42 of the 50 strains (84%) had beta hemolytic phenol type, while five (10%) of the isolates showed alpha hemolytic with dark and greenish color. Only three isolates (6%) were recorded as negative results as they didn't show any hemolysis, table (2).

This result came in accordance with AL-Khazarji (2020) who reported *S. aureus* haemolysis on blood agar plate, 14 % (5/36) were alpha hemolysis and 86% (31/36) gave beta haemolysis. On the other hand Almwfay (2020) showed that (30.95%) of *S. aureus* isolates were alpha haemolysis while (30.95%) had the ability to make beta hemolysis and 38.09% possess the capacity to make gamma hemolysis. While, Jahan *et al.* (2015) reported a positive β -hemolytic activity for all the tested isolates.

Table:-2. Haemolysis of *Staphylococcus aureus* isolates on blood agar

Hemolysis type	Number(No.)	Percentage (%)
Beta Hemolysis	42	84
Alpha Hemolysis	5	10
Gamma Hemolysis	3	6



Figure:-3 Hemolysis is by *Staphylococcus aureus* on blood agar medium

Hemolysins, that cause damage to the red blood cell membrane, is one of the main virulence factors produce by *S. aureus* and play an important role in their pathogenesis as it participates in the bio film (Al Lahamet *et al.*, 2015). And causes β -hemolytic (complete hemolytic); in addition a number of *S. aureus* strains produce α -hemolysin (*S. aureus* in complete hemolytic phenotype)(SIHP) strain have been related with nosocomial infection (Zhang *et al.*, 2016). In (2016) denReijer and his colleagues noticed four toxins (alpha-toxin, gamma-Hemolysin B and leukocidins D and E) in all bio films forming strains. The detection of *S. aureus* toxins, notably alpha toxin, in bio films is well established roles in skin infections (Kobayashi *et al.*, 2015). Alpha-toxin causes pore-forming (cytolytic) including skin tissue, obstructs the innate and adaptive immune responses, in addition, it is necessary for bio film growth on mucosal surfaces (Anderson *et al.*, 2012).

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